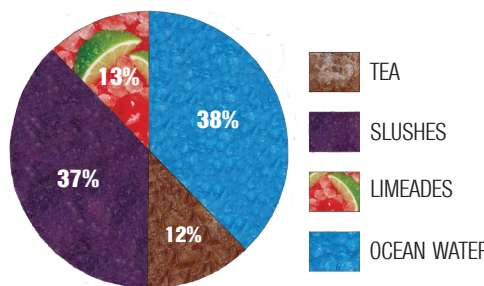


CHEW ON THIS

Treats // Recipes // On-the-job grub

sipping on

203 students were asked their favorite Sonic drink



taste BUDS

Students share what tastes they prefer, and their closest friends try and guess their preferences

| | | | | |
|--|-----------------------------------|--|----------------------------|---|
| <p>1. sweet or salty 2. favorite fast food 3. favorite drink</p> | <p>Laken Nelson, 9</p> | <p>TRUTH</p> <p>1. sweet 2. Taco Bell 3. Mountain Dew</p> | <p>Trenton Jackson, 9</p> | <p>GUESS</p> <p>1. sweet 2. Taco Bell 3. Sprite</p> |
| <p>1. sweet or salty 2. favorite fast food 3. favorite drink</p> | <p>William Velazquez Lucas, 9</p> | <p>TRUTH</p> <p>1. sweet 2. Wendy's 3. Lemonade</p> | <p>Sergio Caballero, 9</p> | <p>GUESS</p> <p>1. sweet 2. McDonald's 3. Sprite</p> |



Zylah Mulligan, 9, Kyra Clark, 9, Vivianne Nguyen, 9, Kayden Frisk, 9, and Jennifer Adams, 9, enjoy a sunny day in the Oasis during lunch time. // Grace Sanders photo

how we cheat

Students who normally eat healthy share what they like to eat on their cheat days



"Sometimes on Wednesday nights before church I'll go to Cane's or other fast food restaurants to get dinner."

-Alec Hudson, 11



"I would normally have a twinkie or a little sweet because sometimes you just have to treat yourself."

-Jack Harris, 10

ORDER UP

Students share their favorite aspects of jobs in the food industry

"My favorite part of working at **Gigi's Cupcakes** is coming home and smelling like cupcakes. It is such a happy place to work at, and I literally get to eat cupcakes all the time." -Tatum Merril, 11

"Working at **Willy T's** with my co-workers has to be my favorite part. I like them a lot, and they are fun to work with." -Will Bustin, 10

"My favorite part about working at **Chick-fil-A** is the customers that come. We have a lot of consistent customers that are really sweet." -Miracle Henson, 11

"I like getting free food while I'm working at **Fox's Pizza**. Our managers are pretty cool, so they don't really care. It's pretty easy working there." -Savone Thibodeaux, 12

"I just like talking to the customers at **Newk's** because the people that come in there are big local people, and they are really nice." -Jaden Yi, 12



SUGAR RUSH

The grams of sugar found in popular drinks are converted to grams of sugar found in popular sweets

| | | | |
|--------------------------------|------------------------------|--|----------------------------|
| <p>1 Powerade 65g</p> | <p>1 Peace Tea 65g</p> | <p>1 ICEE 65g</p> | <p>1 Coke 65g</p> |
| <p>1 pack of Sour Skittles</p> | <p>2 Chocolate Doughnuts</p> | <p>3 Simply Vanilla Ice cream sandwiches</p> | <p>3 packs of Kit-Kats</p> |

HERE'S THE DISH

Students share where their love for cooking began

"I enjoy cooking because it's something I'm passionate about. I always saw my mom cooking. She would always make home-cooked meals since I was a little girl, and I would always try to help her out. I noticed how she cooked, and that's where it all started for me." -Eva Perez, 12

"I started to enjoy cooking when I was a little girl. I would always watch my mom cook, and I started to pick up on the ingredients and the techniques she used. I eventually started culinary here at school and stayed with it for two years." -Latasha Holmes, 12

"About three or four years ago, my mom got this new friend who really enjoyed baking. She would go over to her house when my mom was over there helping her bake, and one day I decided to help too. I found it really fun." -Alexis Guy, 9



"One of my favorite things to get as a treat is the Talenti raspberry sorbet. I love sorbets and fruits, and Talenti makes a delicious fruit-tasting one."

-Aubrie Ware, 12



"I eat at fast food restaurants, mainly Chick-Fil-A, due to the fact that I would be in a rush and not have time to cook something for myself."

-Carely Hand, 11